

PHENDEY TOURS & TREKS

TREKKING IN BHUTAN



PHENDEY TOURS & TREKS



- LEGEND**
- ★ Capital
 - International Airport
 - Camp site
 - Market/Trade Quarter
 - Town
 - Monastery
 - Basic Health Unit (BHC)
 - Highway
 - School
 - Lake/Reservoir
 - Army camp
 - Road
 - Trail Route
 - River
 - Boundary Line
 - Boundary (Entry & Exit)
 - Passes



- Starling Winter Trek**
Duration: 9 Days, Max. Elevation: 4200m
Season: April and September to Oct.
Start: Paro
Peak: Chomolhari
- Thangka Trek**
Duration: 4 Days, Max. Elevation: 4200m
Season: March to April & Sept to Nov.
Start: National Museum in Paro
Peak: Marlung Thangpo
- Four Star Spring Trek**
Duration: 9 Days, Max. Elevation: 4200m
Season: March to April & Sept to Nov.
Start: Paro
Peak: Marlung Thangpo
- Paro Trek 1**
Duration: 14 Days, Max. Elevation: 4000m
Season: April to June & Sept to Nov.
Start: Paro
Peak: Marlung Thangpo
- Paro Trek 2**
Duration: 27 Days, Max. Elevation: 5200m
Season: Mid June to Mid October
Start: Paro
Peak: Dhaulagiri
- Paro Trek 3**
Duration: 1 night, 2 days
Season: All season
Start: Paro
Peak: Taklung

BIKING IN BHUTAN

- | WESTERN | CENTRAL | EASTERN |
|---------|---------|---------|
| Paro | Thimphu | Thimphu |
| Thimphu | Thimphu | Thimphu |
| Thimphu | Thimphu | Thimphu |
| Thimphu | Thimphu | Thimphu |
| Thimphu | Thimphu | Thimphu |
| Thimphu | Thimphu | Thimphu |
| Thimphu | Thimphu | Thimphu |
| Thimphu | Thimphu | Thimphu |

KILOMETER READING

- Thimphu to Paro = 101 Km
- Thimphu to Paro = 42 Km
- Thimphu to Paro = 121 Km
- Thimphu to Paro = 42 Km
- Thimphu to Paro = 72 Km
- Paro to Paro = 40 Km
- Paro to Paro = 12 Km
- Paro to Paro = 170 Km
- Paro to Paro = 120 Km
- Paro to Paro = 41 Km
- Paro to Paro = 41 Km
- Paro to Paro = 20 Km
- Paro to Paro = 10 Km
- Paro to Paro = 70 Km
- Paro to Paro = 30 Km
- Paro to Paro = 12 Km
- Paro to Paro = 100 Km
- Paro to Paro = 100 Km

Average Temperature in Degree Celsius

Month	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep	Oct	Nov	Dec
Paro	10	12	15	18	22	25	28	25	20	15	10	8
Thimphu	10	12	15	18	22	25	28	25	20	15	10	8
Chhumbi	10	12	15	18	22	25	28	25	20	15	10	8
Samtse	10	12	15	18	22	25	28	25	20	15	10	8
Phuntsholing	10	12	15	18	22	25	28	25	20	15	10	8
Paro	10	12	15	18	22	25	28	25	20	15	10	8
Thimphu	10	12	15	18	22	25	28	25	20	15	10	8
Chhumbi	10	12	15	18	22	25	28	25	20	15	10	8
Samtse	10	12	15	18	22	25	28	25	20	15	10	8
Phuntsholing	10	12	15	18	22	25	28	25	20	15	10	8

"Do not enter the path of the wicked and do not proceed in the way of evil men. Avoid it, do not pass by it; Turn away from it and pass on. For they cannot sleep unless they do evil; And they are robbed of sleep unless they make someone stumble".

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